



PAMPER YOURSELF

Take a break from the city and let yourself unwind. Our massage and wellness services are made to ease tension, calm the mind, and leave you feeling refreshed and restored.

SPA MENU

SERVICE	DESCRIPTION	DURATION & RATE
The Swedish Classic	A classic massage that eases muscle knots for a fully relaxing experience	60 mins Php 1,300
Touch of Shiatsu	A traditional Japanese massage that works on pressure points to release tension and restore balance.	60 mins / 90 min Php 1,300 / Php 1,800
Swedish & Shiatsu Fusion	A blend of Swedish and Japanese techniques to soothe your senses and release tight muscles	60 mins / 90 mins Php 1,300 / Php 1,800
Hilot	A warm coconut oil massage that targets areas of imbalance to restore energy	90 mins Php 2,100
Fully Aromatic Massage	A full-body massage with therapeutic essential oils to relax and refresh	60 mins Php 1,900
Head & Shoulder Relief	A calming head and shoulder treatment with aromatic oils to ease tension and clear the mind	60 mins / 90 mins Php 1,200 / Php 1,700
The Rolling Stones	A treatment using heated volcanic stones and essential oils to boost circulation and ease muscle tightness	60 mins / 90 mins Php 2,000 / Php 2,800
Signature Escape	A blend of massage, scrub, and wrap for full-body comfort and relaxation	90 mins Php 3,000
Healing Points	A hand and foot massage that improves circulation and relieves tension	60 mins / 90 mins Php 1,800 / Php 2,400
Body Scrub	A skin-smoothing scrub with honey, oats, apricot seed, and vitamin E	30 mins Php 1,800
Facial Touch	A refreshing cleanse with a green tea gel mask and facial massage	30 mins Php 1,000

SPA PACKAGES

WELLNESS RETREAT 120 mins | PHP 4,500
Body Scrub, Hair Spa, Fully Aromatic and Facial Touch

GLOW & FLOW 60 mins | PHP 2,700
Body Scrub, Back Massage, Hair Spa

RADIANCE RESET 90 MINS | PHP 3,200
Body Scrub, Back Massage, Hair Spa

AROMATIC INDULGENCE 90 mins | PHP 3,800
Body Scrub, Fully Aromatic Body Massage, Hair Spa

For inquiries and reservations, please contact us at 0998 590 0428
or via email at alabang.to@questhotelsandresorts.com.